

Tel. (310) 702-1862

Gluten Free Menu

Soup: \$7 Cup/\$10 Bowl Butternut Squash Apple Pear Chicken Enchilada Chicken and Rice

<u>Chili:\$7 Cup/\$10 Bowl</u> Chicken, Beef, or Turkey

Small Bites:\$5-\$10 Edamame Shrimp Cocktail Crab Cakes Baked Crab Rolls in Soy Paper Bacon Wrapped Dates Swiss & Gruyere Artichoke Dip Spinach and Artichoke Dip Mushroom, Onion, & Cheese Dip Antipasto Skewers Meatball Skewers W Marinara Dipping Sauce Thai Shrimp Rolls Wrapped in Rice Paper Butter Lettuce Cheeseburger Sliders (Beef, Chicken, or Turkey)

<u>Salads: \$8/Half \$10 Full (For \$6 Add Chicken, Flank Steak, Salmon, or</u> <u>Shrimp)</u>

Classic Caesar Salad Served with Homemade Parmesan

Baby Greens Accompanied with Dried Cherries, Avocado, Hearts of Palm, and Roasted Corn. Served with Lemon Tarragon Dressing

Roasted Beets, Goat Cheese, and Pine Nut Salad Accompanied with Heirloom Tomatoes and Golden Corn Kernels. Served with Fig-Infused Balsamic Vinaigrette

Caprese Salad: Buffalo Mozzarella, Basil and Heirloom Tomatoes. Served with Balsamic Vinaigrette

BLT Salad: Applewood Smoked Bacon, Avocado, Hard Boiled Eggs, Heirloom Tomatoes, & Cucumber, Served with Balsamic Vinaigrette

Asian Salad: Clementine's, Shredded Carrots, Edamame, Avocado, Roasted Corn, Slivered Almonds and Crispy Noodles. Served with Asian Vinaigrette

Mediterranean Salad: Roasted Peppers, Cherry Tomatoes, Chickpeas, Kalamata Olives, and Feta Cheese. Served with Red Wine Vinaigrette

Antipasto Salad: Italian Cured Meats, Artichoke Hearts, Assorted Olives, Buffalo Mozzarella and Roasted Peppers. Served with White Balsamic Vinaigrette

Main Course: \$10-\$15

Chicken & Veggie Melt: Roasted Broccoli, Sautéed Mushrooms, and Onion over Sautéed Brown Rice and Covered with Melted Munster Cheese. Accompanied with Creamy Soy Sauce \$10

Chicken, Shrimp, Salmon, Mahi Mahi, Tuna, or Tofu: Gluten Free Panko, Sesame, Coconut, Mandarin Orange, Apricot Glazed, Chimichurri, Marinara, Pesto, Marsala, Parmesan, Picatta, or Madeira \$15

Oven Roasted Chicken: Six Spice/ Thai/ Lemon Rosemary/ Garlic/Banana Tandoori Vanilla Curry/Lemon Tarragon/ Cacciatore : \$10

Corn Tortilla Tacos or Brown Rice Enchiladas: Shredded Chicken, Slow Cooked Beef, or Mahi Mahi accompanied with, Shredded Cabbage, Sour Cream, Guacamole and Mango Salsa: \$12

Meatballs or Meatloaf: Chicken, Turkey, Beef, or Pork: \$10

Slow Cooked Chicken or Beef Stew: \$12

Pipian Chicken: Pumpkin Seed Pesto Slow Cooked Boneless Chicken \$10

Braised Brisket of Beef or Short Ribs with Roasted Root Vegetables: \$15

Chimichurri Flank Steak: \$15

Slow Cooked Pork Carnitas: \$12

<u>Sides: \$5-\$7</u> Baked Potato Skins	<u>Veggies: \$7</u> Roasted Root Veggies
Stuffed Baked Potato	Assorted Roasted Veggies
Roasted Fingerling Potatoes	Roasted Brussels Sprouts
Mashed Potatoes	Roasted Asparagus
Maple Mashed Sweet Potatoes	Butternut Squash Soufflé
Wild Mushroom Risotto	Crispy Roasted String Beans
Brown Rice w. Sautéed Onions	Eggplant and Zucchini
Quinoa w. Edamame & Plump Raisins	Crispy Roasted Kale
Havana Black Beans & Rice	Edamame Succotash
Mac & Cheese	Corn On The Cobb

Dessert: \$6-\$8 Chocolate Mousse Cups Flourless Chocolate Cake Bites Chocolate Covered Strawberries Assorted Chocolate Dipped Dried Fruit Ice Cream Sundae Banana Split